

## Planning Checklist for Monitoring Fidelity of Evidence-Based Practices (EBPs)

### 1. Identify fidelity monitoring tools

- Use existing tool specific to the EBP you're implementing (if applicable, based on your search of SAMHSA's National Registry of Evidence-based Programs and Practices (NREPP, <https://www.samhsa.gov/nrepp>), What Works Clearinghouse (<https://ies.ed.gov/ncee/wwc/>), or correspondence with intervention developer), or
- Develop a tool specific to the intervention and your service delivery context (based on fidelity monitoring tools for similar EBPs)
- Complement the tool you choose with any other methods it doesn't include (e.g., records review, direct observation, talking with implementers and/or consumers)

### 2. Determine frequency of fidelity measurement

- What frequency is feasible for the tool selected?
- What frequency will yield actionable and relevant information?
- What frequency will be sustainable if the EBP implementation continues in future years, with consideration of implementer, consumer, and/or evaluator turnover?
- What are the best/worst times of year to monitor fidelity?
- What stages of implementation are important to monitor fidelity (e.g., immediately following training and intervals thereafter)
- Determine strategies to *develop* the fidelity measurement plan with implementers (including all details above) and *communicate* the final plan to implementers once determined.

### 3. Establish benchmark for acceptable level of fidelity

- What levels of fidelity are not acceptable, adequate, and excellent?
- How can you build in ongoing coaching and feedback about fidelity benchmarks to improve fidelity over time?

### 4. Monitor adaptations to the EBP

- Ask implementers about changes they made to the EBP as intended, and/or
- Collect observational data about adaptations made during implementation