

Nassau BOCES – MH/SEL Liaison Meeting

Location: [Zoom](#)

Date: **March 25th 2021**

Time: 1-3PM

Agenda Items- [all resources are linked here on the Nassau BOCES website](#)

1 – 1:05 **Welcome** and check in – summer plans?

1:05-1:30 **General Discussion**

MHC and SEL/MH meetings for the remainder of 20-21

MHC Topics and Dates

- May 6th – [Erin’s Law](#)
- June 3rd – [LGTBQ Network](#)

MH/SEL Meeting Schedules and call for presenters

- April 22nd – Solution to collect PBIS data – nurses and counselors
- May 27th – Sharing of Best MH Practices- call for presenters – partnerships, response plans, teams. Presentation of Summer PD Plans
- June 24th – Sharing of best SEL Practices and 21-22 Plans

21-22 Structure of MHC and meetings

Our consortium is now made up of 45 Nassau districts. As of July 1 2021 we will be providing support to MHC member district only. Membership for 21-22 will include:

Membership to collegial circles

- Counselor
- Social Worker
- Psychologist

Book club discussions – SEL, Racism, MH topics

PD & Workshops (free, discounted pricing or access to recorded sessions)

- Monthly topical presentation

Participation in group work (curriculum development, resource piloting, response plan guidance)

Zoom and Calm license

2021 Summer Work

District suicide response plan revision in small group or by individual district

K-12 Health Education Curriculum Updates

Erin’s Law
Substance Use
Mental Health and Mental Illness

Summer Workshops

PREPaRE 1 and 2
Mental Health First Aid for Adolescents
Mental Health 101
Suicide Awareness for Teachers
LGTBQ 101 and 102
Restorative Practices & Using Circles Effectively
Restorative/Forma Conferences
SEL topics

1:30 – 2:00 Breakout Groups

1. What/How is the best way to deliver PD going forward? *Prerecorded, opt out of participation.*
2. What are some topics that you would like to have discussed in book clubs?
3. What are some areas of interest for our MHC monthly presentations?
4. Please list some areas where your district needs assistance:
 - a. Response plan revisions- suicide, emergency response,
 - b. Collection of MH data/SEL/Climate Data
 - c. MH screeners,
 - d. SEL topics,
 - e. LGBTQ issues,
 - f. Race/Racism/Diversity issues,
 - g. Curriculum revisions,
 - h. Curriculum unit development.
 - i. Other thoughts and ideas- think outside the box

2:00 – 2:30 sharing of breakout group discussion

2:30- 2:45 Budgetary Considerations with CoSER Aid

The 590 CoSer now can cover the following costs associated with Health & Wellness:

- School Community Resources- with whom do your work/contract for services?
- MH/SEL PD in-district resources
- MH/SEL supports, resources and materials. - apps, software, models, manipulatives etc.

Self-Directed Learning - [MHTTC Module Six Video](#) – Early Intervention and Treatment (Tiers2/3)

Upcoming Meetings: April 2021

For ALL

Elementary Counselor Collegial Circle – *meets bi-monthly* – March Meetings **April 6th and 20th** 9:30-10:30 AM [You can register here for series on My Learning Plan](#) – open to ALL Elementary Counselors.

MH/SEL Monthly Meeting – **April 22nd, 2021** 1-3PM – [Please register here on My Learning Plan](#) -

Writing for Yoga for Educators: An SEL Toolkit for Calm and Productive Learning Environments- [April 15th 10-11:30AM](#) **OR** [Saturday April 24th 10-11:30AM](#) The pandemic brought numerous challenges to our educational institutions and lives. What lessons have we learned from the experience? How can we continue to be productive and calm when there is so much uncertainty? Writing Yoga® addresses such concerns and challenges while aligning with SEL, ELA, and Physical Education standards. Writing prompts, simple yoga poses, and mindfulness practices are utilized to serve your individual and school community goals. Students and teachers report significant improvements in focus, attention, empathy, and problem-solving skills after using the methods that we will explore in this interactive workshop. All materials are included. - \$45

Diversity Certification Program- Adelphi University- [April 16th – June 4th – Friday's 4:30-7:30PM](#) - Diversity is an affirmation of the richness of human differences, ideas, values and beliefs. Advancing diversity in any organizational context involves promoting a climate of intercultural awareness, respect and inclusion across the organization and its stakeholders. Leaders, employees, teachers and the communities they serve represent a wide range of backgrounds and contexts. The Diversity Certificate Program is designed to promote inclusion and awareness of differences and their impact in order to enhance the effectiveness of organizations, improve the well-being of its members, and contribute to the cause of social justice. \$2400.

PREPaRE 1 Response Training For Administrators (2 half days) [April 19th and April 26th 11:30AM-3PM](#). This is a response training for school Administrators. School support staff are encouraged to register for PREPaRE 2 training. Comprehensive School Safety; Emergency Operations Plans Components; Safety and Crisis Teams; Levels of Crisis Response; Physical and Psychological Security; Vulnerability Assessments; Accounting for all Persons; Communications and Warnings; Functional Crisis Exercises and Drills;

Reunification Plans; Public Health, Medical and Mental Health Concerns; Crisis Recovery and Memorials; Continuity of Operations Plans; Threats and Specific Hazards; After Action Reports; Tabletop Drill Activity; Examining Effectiveness of Crisis Plans. \$140.

For MHC Member Districts

Wednesday Wellness- Lunchtime Learning Series -Join Christine Merle, MK Consulting & Training for a 30 minute SEL topic and actionable resource PD session. Wednesday's [March 3rd thru May 5th 11:30am to 12PM](#). [You can find the sessions here on My Learning Plan](#). [Please feel free to distribute this flyer to your district's teachers](#).

ACEs and Learning: Using Movement to Support Students with Adverse Childhood Experiences. [April 13,22,28th 10AM-12PM](#). The current pandemic has stock-piled more potential ACEs for your students including food insecurity, death of a loved one, parental addiction to drugs/alcohol, divorce or loss of income for one or more parent. The complete virtual training includes 10 hours of professional development credit (**6 hours of face-to-face ZOOM time with instructor, Suzy Koontz and 4 hours of readings and projects**).

The following e-books are included in the training:

- Math & Movement Training Manual e-book by Suzy Koontz
- Using Movement to Reach Students: Kinesthetic Learning for the Trauma-Informed Classroom e-book by Suzy Koontz and the Math & Movement team

Mental Health Consortium Meeting – [April 8th 1-3PM](#)- Diane Sweet Grief and Loss in the Age of Covid- Brief clinical overview of Grief, What is Complicated Grief, What should we be looking for in our students, How to recognize signs of complicated grief, Where is grief today, How do we counsel and support students, colleagues and ourselves? Diane has over 30 years experience in private practice. She has expertise in suicide prevention, addiction, grief, mindfulness, mental illness, stress reduction and parent education. She is also co-founder of PACT (Partners Assisting Children and Teens), a group of school personnel focused on mental health and suicide awareness.

#SameHere Social Worker Circle- [April 20th 11AM-12PM](#) - Join David Hymowitz from #SameHere Schools for an open forum to examine some of the issues that exist in the new reality of school. What impact this pandemic is having on the school system, our ways of teaching, parent involvement, and on the students. This discussion will also focus on ways to manage these challenges and the role of wellness in our own lives.

Onward Book Club- Monthly book club meeting [April, 28th 1 -3PM](#) – it's not too late to join us! [Please register here on My Learning Plan](#).

Upcoming MHTTC Units – will be provided via recorded video

[April 22](#) – **Module 7 – Funding and Sustainability**

Goal: Help participants understand the importance of and best practices for school mental health system funding and sustainability. By the end of this module, participants will be able to:

1. Explain the difference between funding and sustainability.
2. State at least 3 ways that comprehensive school mental health systems can maximize their funding streams to advance sustainability.
3. Describe best practices for school mental health funding and sustainability.

[May 27](#) – **Module 8 – Impact**

Goal: Help participants understand the importance of and best practices for documenting and demonstrating the impact of their school mental health system. By the end of this module, participants will be able to:

1. State at least 3 ways that schools and/or districts can document and disseminate the impact of their comprehensive school mental health systems.
2. Describe how to document and report the impact of comprehensive school mental health systems across tiers.
3. Describe best practices for assessing and documenting the impact of comprehensive school mental health systems.