

# Nassau BOCES – MH/SEL Liaison Meeting

Location: [Zoom](#)

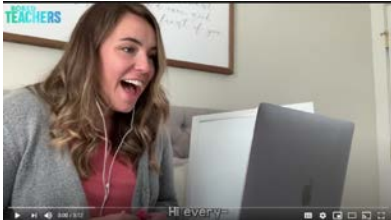
Date: **October 22<sup>nd</sup> 2020**

Time: 1-3PM

## Agenda Items

**1 – 1:05**      **Scavenger Hunt-** Be prepared to show us two things (not electronic) that have helped you keep focused at work during these past few months.

**1:05-1:30**      **How do we keep up our resiliency as we move into the Fall?**



[https://www.youtube.com/watch?v=yObcMi\\_0du0](https://www.youtube.com/watch?v=yObcMi_0du0)

***Helping teachers deal with virtual learning struggles- how to maintain engagement and deal with disruptive behaviors.***

### Resources

- [6 Reasons Students Aren't Showing Up for Virtual Learning](#)
- [Remote Teaching Tips for Jigsaw](#)

### Professional Development for MHC members

- November 12<sup>th</sup> 3-5 PM – [Strategies to Support Social Emotional Learning, Classroom Management & Engagement in an Online Environment](#)  
Christine Merle – November 12<sup>th</sup> 3-5 PM – listen in on your way home.

### ***Dealing with the Upcoming Holidays and Stress of Winter***

### Resources

- [How will we Cope With the Pandemic in the Fall- New York Times](#)
- [Tips for Managing Stress and Anxiety This Winter- Child Mind Institute](#)
- [COVID 19 Holiday Celebrations- Guide to Safety](#)

### Recorded



- Newsday Live Event- October 14<sup>th</sup> 2020 – Celebrating the Holidays During a Pandemic – great tips and suggestions for safe holiday celebrations

**1:30 – 2:30** Mental Health Technical Support Training

### **October 22 – Module 1 – Foundations of Comprehensive School Mental Health**

**Goal** : Help participants understand the definition, core features, and value of comprehensive school mental health systems. By the end of this module, participants will be able to:

1. Define comprehensive school mental health systems.
2. Describe the 6 core features of comprehensive school mental health systems.
3. Describe 3 reasons why comprehensive school mental health is important.

### Upcoming Meetings:

#### **For Mental Health Consortium Members**

[October 28<sup>th</sup> – Onward Book Club](#) – 1<sup>st</sup> session. 1:30 -3 PM

[Mental Health Consortium Presentation- November 5<sup>th</sup> 2:30 – 4 PM](#) – Choose Love Movement- Scarlett Lewis

[November 12<sup>th</sup> 3 – 5 PM](#) – [Strategies to Support Social Emotional Learning, Classroom Management & Engagement in an Online Environment](#)

#### **For ALL**

[Mental Health Youth First Aid December 3<sup>rd</sup>](#) – must register by **November 10<sup>th</sup>**

Narcarn Training [November 16<sup>th</sup> 4-6PM](#), [December 17<sup>th</sup> 3-5PM](#)

[The Wellness Leadership Initiative- December 7-11 12 -3](#)

#### **Upcoming Mental Health Education Training Schedule**

The MH/SEL Liaison Meetings for the 2020-2021 school year will be structured with time for dissemination on information and sharing of resources and 60 minutes of School Mental Health Curriculum and Program Guidance.

#### **November 19 – Module 2 – Teaming**

**Goal:** Help participants understand the importance of and best practices for school mental health teaming. By the end of the module, participants will be able to:

1. Define a school mental health team and at least 3 functions of school mental health teams.
2. Describe at least 3 reasons why school mental health teams are valuable.
3. Describe best practices for teaming.

#### **December 17 – Module 3 – Needs Assessment and Resource Mapping**

**Goal:** Help participants understand the importance of and best practices for school mental health needs assessment and resource mapping. By the end of the module, participants will be able to:

1. Define needs assessment and resource mapping.
2. Describe at least 3 reasons why needs assessments and resource mapping are valuable for schools.
3. Describe best practices for needs assessments and resource mapping.

#### **January 28 – Module 4 – Screening**

**Goal:** Help participants understand the importance of and best practices for mental health screening in schools. By the end of the module, participants will be able to:

1. Describe the purpose and importance of mental health screening in schools.
2. Explain 2 action steps to implement mental health screening in schools.
3. Describe best practices for screening.

#### February 25 – **Module 5 – Mental Health Promotion for ALL (Tier 1)**

**Goal:** Help participants understand the importance of and best practices for mental health promotion (tier 1) services and supports in schools. By the end of the module, participants will be able to:

1. Define mental health promotion.
2. Describe at least 3 specific types of mental health promotion services and supports.
3. Describe best practices for implementing high-quality mental health promotion services and supports for all students.

#### March 25 – **Module 6 – Early Intervention and Treatment (Tiers 2/3)**

**Goal:** Help participants understand the importance of and best practices for mental health early intervention and treatment (tiers 2 and 3) in schools. By the end of the module, participants will be able to:

1. Define mental health early intervention and treatment.
2. Describe at least 3 reasons by mental health early intervention and treatment are important for student well-being.
3. Describe best practices for implementing high-quality mental health early intervention and treatment services and supports for students who need them.

#### April 22 – **Module 7 – Funding and Sustainability**

**Goal:** Help participants understand the importance of and best practices for school mental health system funding and sustainability. By the end of this module, participants will be able to:

1. Explain the difference between funding and sustainability.
2. State at least 3 ways that comprehensive school mental health systems can maximize their funding streams to advance sustainability.
3. Describe best practices for school mental health funding and sustainability.

#### May 27 – **Module 8 – Impact**

**Goal:** Help participants understand the importance of and best practices for documenting and demonstrating the impact of their school mental health system. By the end of this module, participants will be able to:

1. State at least 3 ways that schools and/or districts can document and disseminate the impact of their comprehensive school mental health systems.
2. Describe how to document and report the impact of comprehensive school mental health systems across tiers.
3. Describe best practices for assessing and documenting the impact of comprehensive school mental health systems.