

Test Your Postvention Knowledge:

WHAT DO YOU KNOW?

Name: _____ Date: _____

Before you read the *Lifelines Postvention* manual, take a few minutes to answer the following true/false questions. The answers are given at the end of this document. You can also find the answers in the chapters in the manual.

True (T) or False (F)

- _____ 1. There is little risk that extensive coverage of a suicide will result in imitation of the suicidal behavior.
- _____ 2. A school should individualize its policy regarding memorialization according to the specific circumstances of a student's death.
- _____ 3. Schools are advised to develop one crisis plan that addresses all forms of sudden death.
- _____ 4. It is not necessary for school staff other than crisis team members to be able to identify students who need additional support following a peer's sudden death.
- _____ 5. Grief following a homicide is different from grief following an accidental death.
- _____ 6. It is important that only one school representative be designated to speak to the media during a crisis.
- _____ 7. A designated school representative should make an effort to contact the family of the deceased student during the first day after the death.
- _____ 8. A student who is visibly upset following a peer's sudden death should be sent home.
- _____ 9. The primary purpose of postvention is to prevent contagion.
- _____ 10. After a student death, school staff should put aside their own grief and instead focus on the needs of grieving students.
- _____ 11. Shock is a common reaction of adolescents to the sudden death of a peer.
- _____ 12. Students should not be dismissed early following a peer's sudden death.
- _____ 13. Community mental health professionals are the primary resources a school should rely on following the sudden death of a member of the school community.
- _____ 14. Following a student's sudden death, it is preferable to meet with parents/guardians in small groups rather than in a large assembly.

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- _____ 15. In the interest of making sure everyone gets the same information, students should be informed of the sudden death of a peer or staff member by an announcement over the public address system.
- _____ 16. After the suicide of a student, peers are one of the best sources of information about other potentially suicidal peers.
- _____ 17. It is not recommended to use mental health professionals from outside the school to provide support to grieving staff members.
- _____ 18. A school should not be the site of a memorial service for a deceased student or staff member.
- _____ 19. Several sites should be set up throughout the school for students who need additional support following the death of a peer.
- _____ 20. It is not necessary for a school to inform neighboring schools of a student's death by suicide.
- _____ 21. The primary responsibility of the crisis team is to assess only those staff members who seek assistance following the sudden death of a student/staff member.
- _____ 22. Students should be discouraged from expressing feelings after the sudden death of a peer.
- _____ 23. Dedicating a page in the school's yearbook to a student who died by suicide is a good way to memorialize the deceased.

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Answer Key

1. There is little risk that extensive coverage of a suicide will result in imitation of the suicidal behavior. **FALSE**
2. A school should individualize its policy regarding memorialization according to the specific circumstances of a student's death. **FALSE**
3. Schools are advised to develop one crisis plan that addresses all forms of sudden death. **TRUE**
4. It is not necessary for school staff other than crisis team members to be able to identify students who need additional support following a peer's sudden death. **FALSE**
5. Grief following a homicide is different from grief following an accidental death. **TRUE**
6. It is important that only one school representative be designated to speak to the media during a crisis. **TRUE**
7. A designated school representative should make an effort to contact the family of the deceased student during the first day after the death. **TRUE**
8. A student who is visibly upset following a peer's sudden death should be sent home. **FALSE**
9. The primary purpose of postvention is to prevent contagion. **TRUE**
10. After a student death, school staff should put aside their own grief and instead focus on the needs of grieving students. **FALSE**
11. Shock is a common reaction of adolescents to the sudden death of a peer. **TRUE**
12. Students should not be dismissed early following a peer's sudden death. **TRUE**
13. Community mental health professionals are the primary resources a school should rely on following the sudden death of a member of the school community. **FALSE**
14. Following a student's sudden death, it is preferable to meet with parents/guardians in small groups rather than in a large assembly. **TRUE**
15. In the interest of making sure everyone gets the same information, students should be informed of the sudden death of a peer or staff member by an announcement over the public address system. **FALSE**
16. After the suicide of a student, peers are one of the best sources of information about other potentially suicidal peers. **TRUE**
17. It is not recommended to use mental health professionals from outside the school to provide support to grieving staff members. **FALSE**

18. A school should not be the site of a memorial service for a deceased student or staff member. **TRUE**
19. Several sites should be set up throughout the school for students who need additional support following the death of a peer. **TRUE**
20. It is not necessary for a school to inform neighboring schools of a student's death by suicide. **FALSE**
21. The primary responsibility of the crisis team is to assess only those staff members who seek assistance following the sudden death of a student/staff member. **FALSE**
22. Students should be discouraged from expressing feelings after the sudden death of a peer. **FALSE**
23. Dedicating a page in the school's yearbook to a student who died by suicide is a good way to memorialize the deceased. **FALSE**

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