



April 13th, 22nd, 28th 10am-12pm

FREE for Nassau BOCES Mental Health Consortium member districts

Trauma and Learning: Using Movement to Support Students with Adverse Childhood Experiences

The likelihood that one of your students will have one or more ACEs is high!

The current pandemic has stock-piled more potential ACEs for your students including food insecurity, death of a loved one, parental addiction to drugs/alcohol, divorce, or loss of income for one or more parents. In addition, new family stressors may include parental inexperience with teaching their child, isolation, stay at home orders, or future economic uncertainty.

This complete workshop includes 10 hours of Professional Development. Training includes 6 Contact hours (Virtual) and 4 hours of Projects/Readings.



Join Suzy Koontz, nationally recognized education consultant for this 6-hour virtual training that includes the background on ACEs, and toxic stress, brain research, the damaging consequences for students with ACEs, the appropriate role of the educator, and innovative strategies to calm students and help them learn.

Open to educators of all grades and subjects
GREAT FOR ELEMENTARY PE/HEALTH TEACHERS

All students will benefit from these practical techniques and strategies

Session 1 – Tuesday April 13th

TRAUMA AND ITS EFFECTS ON STUDENTS & HOW TOXIC STRESS DAMAGES THE BRAIN

Session 2 – Thursday April 22nd -

HOW & WHY KINESTHETIC LEARNING BENEFITS ALL STUDENTS

THE ROLE OF THE EDUCATOR IN SUPPORTING STUDENTS WITH ACEs

Session 3 – Wednesday April 28th –

LITERACY & MATH: PRACTICAL STRATEGIES TO COUNTERACT THE ILL-EFFECTS OF ACEs AND TOXIC STRESS

OPEN TO ALL MEMBERS of the Nassau BOCES Mental Health Consortium

Please [register](#) for this **FREE** workshop on [MY LEARNING PLAN](#).

This workshop is **NO CHARGE** to all members of the Nassau BOCES Mental Health Consortium.