

P | R | E | P a r

Prevent | Reaffirm | Evaluate | Provide and Respond | Examine

School Crisis
Prevention and
Intervention
Training
Curriculum



WS2 Handout 9 (Slides 65, 70, 105, 117, 153, & 159): Psychological Trauma Risk Checklist

	Low Risk	Moderate Risk	High Risk
Physical Proximity	<input type="checkbox"/> Out of vicinity of crisis site	<input type="checkbox"/> Present on crisis site	<input type="checkbox"/> Crisis victim or eye witness
Emotional Proximity	<input type="checkbox"/> Did not know victim(s)	<input type="checkbox"/> Friend of victim(s) <input type="checkbox"/> Acquaintance of victim(s)	<input type="checkbox"/> Relative of victim(s) <input type="checkbox"/> Best friend of victim(s)
Internal Vulnerabilities	<input type="checkbox"/> Active coping style <input type="checkbox"/> Mentally healthy <input type="checkbox"/> Good self-regulation of emotion <input type="checkbox"/> High developmental level <input type="checkbox"/> No trauma history	<input type="checkbox"/> No clear coping style <input type="checkbox"/> Uncertainty about precrisis mental health <input type="checkbox"/> Some difficulties with self-regulation of emotion <input type="checkbox"/> Appearance of immaturity at times <input type="checkbox"/> Trauma history	<input type="checkbox"/> Avoidance coping style <input type="checkbox"/> Preexisting mental illness <input type="checkbox"/> Poor self-regulation of emotion <input type="checkbox"/> Low developmental level <input type="checkbox"/> Significant trauma history
External Vulnerabilities	<input type="checkbox"/> Living with intact nuclear family members <input type="checkbox"/> Good parent-child relationship <input type="checkbox"/> Good family functioning <input type="checkbox"/> No parental traumatic stress <input type="checkbox"/> Good social resources	<input type="checkbox"/> Living with some nuclear family members <input type="checkbox"/> Parent-child relationship at times stressed <input type="checkbox"/> Family functioning at times challenged <input type="checkbox"/> Some parental traumatic stress <input type="checkbox"/> Social resources/relations at times challenged	<input type="checkbox"/> Not living with any nuclear family members <input type="checkbox"/> Poor parent-child relationship <input type="checkbox"/> Poor family functioning <input type="checkbox"/> Significant parental traumatic stress <input type="checkbox"/> Poor or absent social resources
Immediate Reactions During the Crisis	<input type="checkbox"/> Remained calm during the crisis event	<input type="checkbox"/> Displayed mild to moderate distress during the crisis event	<input type="checkbox"/> Displayed acute distress (e.g., flight, panic, dissociation) during the crisis event
Current or Ongoing Reactions and Coping	<input type="checkbox"/> Only a few common crisis reactions displayed <input type="checkbox"/> Coping is adaptive (i.e., it allows daily functioning at precrisis levels)	<input type="checkbox"/> Many common crisis reactions displayed <input type="checkbox"/> Coping is tentative (e.g., the individual is unsure about how to cope with the crisis)	<input type="checkbox"/> Mental health referral indicators displayed (e.g., acute dissociation, hyperarousal, depression, psychosis) <input type="checkbox"/> Coping is absent or maladaptive (e.g., suicidal or homicidal ideation, substance abuse)
Total:			