

Dear Colleague,

Many of you have contacted me with requests for PD contacts. Please keep in mind that all of the below contacts will provide PD to **parents as well as staff**. If you want to use any of them that require a fee, please let me know asap so we can send you an LOI so the cost will be aidable. 😊

You can contract Rachel Priest rpriest@mhanc.org at the Mental Health Association of Nassau County. She provides **Mental Health 101, Suicide Awareness** and other trainings, free of charge.

You can contact David Hymowitz dhymowitz63@gmail.com at the Nassau County Department of Human Services. He provides a number of workshops in **Coping Now, Reentry into school, substance abuse, Narcan training**, etc. most are free of charge. He will also do some custom work- he is fabulous and in high demand.

We have a contract with Ramapo for Children-they are doing PD in a few Nassau Districts before school starts, they may have availability, contact Lisa Tazartes ltazartes@ramapoforchildren.org. They provide **trauma informed practice** PD.

We also have a contract with Central Nassau Guidance and Counseling. Contact Sherri Kaplan skaplan@centralnassau.org They will provide a wide **array of PD** – there are costs for most PD but again we have a contract and it is aidable. **Behavioral health crisis, risk assessment, coping skills, stress management, conflict resolution, psychiatric services, reentry to school, treatment services, etc.**

We have a contract with Dr. Karen Mackler, kmackler@lawrence.k12.ny.us She is currently employed as a school psychologist so you may have to work with her around her schedule. She does training in **resiliency skill building, mental wellness and integrating MH and SEL into everyday teaching**.

We have a **mindfulness expert** to train a team of teachers in the Koru Method her name is Dr. Danielle Smith her contact dsmith@jerichoschools.org she is also employed as a school psychologist, so you may have to work around her availability. Her class is fabulous.

Beverly Forgash is our internal trainer for Restorative Practices her contact is bforgash@nasbooces.org – she has been conducting a truncated version of the Introduction to **Restorative Practices and Using Circles** curriculum all summer. She can do a specific district training – she is in high demand so contact her sooner than later if you want to do this. There is a nominal fee for this.

Effective Communication – Non-violent – Mindful – communication - You can contact Joan Fretz joan@joanfretz.com Joan is a private consultant but she does have a contract with NB so her costs are aidable

Drug/Alcohol effects of the brain or any other neuroscience topic. Dr. Stephen Dewey. imagingdoctor.dewey@gmail.com he is the director of research and the Seafield Center and also a college professor. He also has a contract with us.

If you'd like to have PREPaRE 1 or 2 training for your district you can also arrange that through us. We will connect you with the instructor, Dorothy Ahl dahl@optonline.net - I've hyperlinked what **PREPaRE** is so you can review.

Finally, if you need help with **developing your action plan or how to implement MH education** you can contact Dr. Ron Smith at docron@optonline.net