

n a s s a u
BOCES

*parent***EDU**

Nassau BOCES *parentEDU* offers a variety of classes designed to provide parents/caregivers an opportunity to learn strategies to help their students achieve success during their remote learning experience.

These virtual classes will be interactive and taught live by Nassau BOCES Curriculum Specialists and professional consultants. All classes will include time for the instructor to respond to questions from the participants. Additional topics will be added to the class catalog based on parent input.

Recordings of all sessions will be made available for unlimited access to be viewed at your convenience on the *parentEDU* webpage.

**Bilingual options available*

***Class
Catalog***

Table of Contents

MATH

Page 3	Explaining the “New” Math for Parents	Grades K-2
Page 4	Explaining the “New” Math for Parents	Grades 3-5
Page 5	Explaining the “New” Math for Parents: Fractions	Grades 3-5

ENGLISH

Page 6	How to Support Your Child with their Writing Assignments	Grades 3-8
Page 7	How to Support Your Child with their Reading Assignments	Grades 3-8

SCIENCE

Page 8	Balancing Chemical Equations Made Easy	Grades 6-12
Page 9	How to Classify Objects Using Science	Grades 2-7
Page 10	How to Conduct Science Observations at Home	Grades 4-12
Page 11	How to Create a Home Science Journal	Grades 4-12
Page 12	Understanding the Science Difference Between Fact and Opinion	Grades 4-8

SOCIAL STUDIES

Page 13	Virtual Field Trips	Grades 3-8
Page 14	Build a Time Capsule with your Child	Grades 3-5

SOCIAL-EMOTIONAL

Page 15	A Classroom in My Home	Grades 2-12
Page 16	Helping Kids Find Success Through Positive Self-Talk	Grades K-12
Page 17	Helping Kids Develop a Growth Mindset	Grades K-12
Page 18	Supporting Your Child’s Social-Emotional Needs	Grades K-12

SPECIALIZED

Page 19	Help Children with ADHD Do Classwork at Home	Grades K-12
Page 20	Parent Circles	Grades K-12

LIBRARY SERVICES

Page 21	Finding Reliable Research Online	Grades K-12
---------	----------------------------------	-------------

OTHER CLASSES

Page 22	Helping Kids Use Productive Struggle to Find Success	Grades K-12
Page 23	Parent and Child Class: Understanding and Cooperation Through the Power of Perception	Grades K-12
Page 24	Promoting Health and Physical Education at Home	Grades K-12
Page 25	Parent Assessment Data (P.A.D.) Reports Course	Grades K-8
Page 26	Parent Data Privacy Workshop	Grades K-12

Class Name: **Explaining the “New” Math for Parents K-2**

Audience: **Parents of Students in Grades K-2**

This class will provide parents an understanding of ways math is now being taught to children in the early grades. Also parents will learn why memorizing multiplication facts is no longer required. Learn why it is important for young children to learn this way, so that you can better support your student at home.

Please join us for one or both sessions:

Oct 8th 7:00pm-8:30pm

Oct 14th 10:00am-11:30am

Parents :

You may attend any of these classes *LIVE* via Zoom or watch a recorded copy of the live session located on the *parentEDU* webpage

A wide variety of classes and presentation times are offered for your interest and convenience. Please browse this catalog and attend as many programs as you would like.

Class Name: **Explaining the “New” Math for Parents, grades 3-5**

Audience: **Parents of Students in Grades 3-5**

This class will show parents how the area model and number bonds are used to teach multiplication and division conceptually to children. Learn why learning this way better prepares your child for success in math during the later years.

Please join us for one or both sessions:

Oct 7th 7:00pm-8:30pm

Oct 9th 10:00am-11:30am

Parents :

You may attend any of these classes *LIVE* via Zoom or watch a recorded copy of the live session located on the *parentEDU* webpage

A wide variety of classes and presentation times are offered for your interest and convenience. Please browse this catalog and attend as many programs as you would like.

Class Name: **Explaining the “New” Math for Parents: Fractions, grades 3-5**

Audience: **Parents of Students in Grades 3-5**

This class will show parents how students learn fractions and operations with fractions visually. Learn why it is important for young children to learn this way, so that parents can better support their children at home.

Please join us for one or both sessions:

Oct 15th 10:00am-11:30am

Oct 15th 7:00pm-8:30pm

Parents :

You may attend any of these classes *LIVE* via Zoom or watch a recorded copy of the live session located on the *parentEDU* webpage

A wide variety of classes and presentation times are offered for your interest and convenience. Please browse this catalog and attend as many programs as you would like.

Class Name: **How to Support Your Child with Their Writing Assignments**

Audience: **Parents of Students in Grades 3-8**

This class speaks with parents about ways to help their young writers. We will discuss different writing styles and how to help your student include important writing strategies.

Please join us for one or both sessions:

Oct 8th 10:00am-11:30am

Oct 9th 2:00pm-3:30pm

Parents :

You may attend any of these classes *LIVE* via Zoom or watch an instructional video located on the *parentEDU* webpage

A wide variety of classes and presentation times are offered for your interest and convenience. Please browse this catalog and attend as many programs as you would like.

Class Name: **How to Support Your Child with Their Reading Assignments**

Audience: **Parents of Students in Grades 3-8**

This class will guide parents to support their child's reading activities. Here you will learn easy tips and tricks to making your student successful during online learning.

Please join us for one or both sessions:

Oct 1st 10:00am-11:30am

Oct 2nd 2:00pm-3:30pm

Parents :

You may attend any of these classes *LIVE* via Zoom or watch an instructional video located on the *parentEDU* webpage

A wide variety of classes and presentation times are offered for your interest and convenience. Please browse this catalog and attend as many programs as you would like.

Class Name: **Balancing Chemical Equations Made Easy**

Audience: **Parents of Students in Grades 6-12**

This class offers a basic understanding of how to balance a chemical equation. Parents will learn about what a chemical formula looks like, how to count the number of atoms in a chemical formula and how to successfully balance a simple chemical equation. Please come prepared with a pencil and a piece of paper as we practice this together.

Please join us for one or both sessions:

Oct 14th 2:30pm-4:00pm

Oct 14th 7:00pm-8:30pm

Parents :

You may attend any of these classes *LIVE* via Zoom or watch an instructional video located on the *parentEDU* webpage

A wide variety of classes and presentation times are offered for your interest and convenience. Please browse this catalog and attend as many programs as you would like.

Class Name: **How to Classify Objects Using Science**

Audience: **Parents of Students in Grades 2-7**

This class explains a method of using science to help classify objects. Parents will learn how to use aspects of an object that can be seen with their eyes to create a formal scientific classification. Please come prepared with a pencil and a piece of paper as we practice this together.

Please join us for one or both sessions:

Oct 15th 2:30pm-4:00pm

Oct 19th 7:00pm-8:30pm

Parents :

You may attend any of these classes *LIVE* via Zoom or watch an instructional video located on the *parentEDU* webpage

A wide variety of classes and presentation times are offered for your interest and convenience. Please browse this catalog and attend as many programs as you would like.

Class Name: **How to Conduct Science Observations at Home**
Audience: **Parents of Students in Grades 4-12**

This class teaches parents how to organize a structured scientific observation in their own home or yard. We will learn the basics of animal behavioral observation and how to assist children to learn to appreciate nature by observing it as young scientists and naturalists. Please come prepared with pencil and paper as we practice this together.

Please join us for one or both sessions:

Oct 22nd 2:30pm-4:00pm

Oct 22nd 7:00pm-8:30pm

Parents :

You may attend any of these classes *LIVE* via Zoom or watch an instructional video located on the *parentEDU* webpage

A wide variety of classes and presentation times are offered for your interest and convenience. Please browse this catalog and attend as many programs as you would like.

Class Name: **How to Create A Home Science Journal**

Audience: **Parents of Students in Grades 4-12**

This class offers parents an understanding of science journaling. Writing scientifically is an important skill for children to have as they move to higher grades. It is important for science students to be able to observe and write about items in the world factually, in a scientific manner without opinion or emotion.

Please join us for one or both sessions:

Oct 27th 2:30pm-4:00pm

Oct 27th 7:00pm-8:30pm

Parents :

You may attend any of these classes *LIVE* via Zoom or watch an instructional video located on the *parentEDU* webpage

A wide variety of classes and presentation times are offered for your interest and convenience. Please browse this catalog and attend as many programs as you would like.

Class Name: **Understanding the Science Difference between Fact and Opinion**

Audience: **Parents of Students in Grades 4-8**

This class introduces parents to the science concepts of objective (fact) and subjective (opinion). In science, students are required to be able to tell the difference between facts and opinions as they move through experiments and observations. Parents will learn simple practice methods to help students understand this as it applies to the world around them.

Please join us for one or both sessions:

Oct 29th 2:30pm-4:00pm

Oct 29th 7:00pm-8:30pm

Parents :

You may attend any of these classes *LIVE* via Zoom or watch an instructional video located on the *parentEDU* webpage

A wide variety of classes and presentation times are offered for your interest and convenience. Please browse this catalog and attend as many programs as you would like.

Class Name: **Virtual Field Trips**

Audience: **Parents of Students in Grades 3-8**

This class will give parents the opportunity to explore the world through virtual field trips. These fun “field trips” can be done from home at any time to teach students about the world in a fun and engaging way.

Please join us for one or both sessions:

Oct 16th 9:00am-10:30am

Oct 19th 2:00pm-3:30pm

Parents :

You may attend any of these classes *LIVE* via Zoom or watch an instructional video located on the *parentEDU* webpage

A wide variety of classes and presentation times are offered for your interest and convenience. Please browse this catalog and attend as many programs as you would like.

Class Name: **Build a Time Capsule With Your Child**

Audience: **Parents of Students in Grades 3-5**

This class will walk parents through the steps to build a time capsule at home. This fun activity is a great way to teach your child that they are living history

Please join us for one or both sessions:

Oct 16th 2:00pm-3:30pm

Oct 19th 9:00am-10:30am

Parents :

You may attend any of these classes *LIVE* via Zoom or watch an instructional video located on the *parentEDU* webpage

A wide variety of classes and presentation times are offered for your interest and convenience. Please browse this catalog and attend as many programs as you would like.

Class Name: **A Classroom in My Home**

Audience: **Parents of Students in Grades 2-12**

This class speaks with parents about the social-emotional and mental health benefits of setting a routine for students at home. Also discussed will be the need to make a workplace or "home classroom" area that is used specifically for doing classwork. Join us as we learn what we can do to help reduce anxiety and increase focus of your students at home.

Please join us for one or both sessions:

Oct 7th 2:30pm-4:00pm

Oct 7th 7:00pm-8:30pm

Parents :

You may attend any of these classes *LIVE* via Zoom or watch an instructional video located on the *parentEDU* webpage

A wide variety of classes and presentation times are offered for your interest and convenience. Please browse this catalog and attend as many programs as you would like.

Class Name: **Helping Kids Find Success Through Positive Self-Talk**

Audience: **Parents of Students in Grades K-12**

Let's turn your child's "*I Can't*" into "*I CAN!*" with easy to use strategies to promote positive thinking.

Please join us for one or both sessions:

Oct 8th 7:00pm-8:30pm

Oct 21st 7:00pm-8:30pm

Parents :

You may attend any of these classes *LIVE* via Zoom or watch an instructional video located on the *parentEDU* webpage

A wide variety of classes and presentation times are offered for your interest and convenience. Please browse this catalog and attend as many programs as you would like.

Class Name: **Helping Kids Develop a Growth Mindset**

Audience: **Parents of Students in Grades K-12**

“Smart is not something you are. Smart is something your get.”
What is a growth mindset and how can you help your children develop a growth mindset? Learn how having a growth mindset can help your children succeed in school and in life.

Please join us for one or both sessions:

Sep 30th 7:00pm-8:30pm

Oct 5th 10:00am-11:30am

Parents :

You may attend any of these classes *LIVE* via Zoom or watch an instructional video located on the *parentEDU* webpage

A wide variety of classes and presentation times are offered for your interest and convenience. Please browse this catalog and attend as many programs as you would like.

Class Name: **Supporting Your Child's Social-Emotional Needs**

Audience: **Parents of Students in Grades K-12**

As school schedules and learning changes, many students are experiencing high levels of stress and anxiety. Parents and guardians attending this session will discover how to support our learners' mental health at home throughout these turbulent times

Please join us for one or both sessions:

Oct 20th 2:00pm-3:30pm

Oct 26th 9:30am-11:00am

Parents :

You may attend any of these classes *LIVE* via Zoom or watch an instructional video located on the *parentEDU* webpage

A wide variety of classes and presentation times are offered for your interest and convenience. Please browse this catalog and attend as many programs as you would like.

Class Name: **Help Children with ADHD Do Classwork from Home**

Audience: **Parents of Students in Grades K-12**

Understanding your child's challenges will help you learn and apply new strategies to support your child's ability to remain focused and on-task.

Please join us for one or both sessions:

Oct 20th 7:00pm-8:30pm

Oct 28th 7:00pm-8:30pm

Parents :

You may attend any of these classes *LIVE* via Zoom or watch an instructional video located on the *parentEDU* webpage

A wide variety of classes and presentation times are offered for your interest and convenience. Please browse this catalog and attend as many programs as you would like.

Class Name: **Parent Circles**

Audience: **Parents of Students in Grades K-12**

Parent circles are informational and based on the needs of parents/caregivers and their children. The topics covered fall under the umbrella of positive limit setting for children and practical strategies to support children's ability and special educational needs to engage in acting in ways that will help them to reach the goals they value most.

Please join us for one or both sessions:

Oct 6th 2:30pm-4:00pm

Oct 13th 7:00pm-8:30pm

Parents :

You may attend any of these classes *LIVE* via Zoom or watch an instructional video located on the *parentEDU* webpage

A wide variety of classes and presentation times are offered for your interest and convenience. Please browse this catalog and attend as many programs as you would like.

Class Name: **Finding Reliable Research Online**

Audience: **Parents of Students in Grades K-12**

This class will help parents learn to look for research information online and show them where to find articles, ebooks and other reliable resources. It will also show them how to evaluate research information to best decide what is reliable and unreliable sources and information. Now more than ever, we want high quality information for our personal research as well as for our children's' school projects and papers.

Please join us for one or both sessions:

Oct 1st 8:30am-10:00am

Oct 1st 7:00pm-8:30pm

Parents :

You may attend any of these classes *LIVE* via Zoom or watch an instructional video located on the *parentEDU* webpage

A wide variety of classes and presentation times are offered for your interest and convenience. Please browse this catalog and attend as many programs as you would like.

Class Name: **Helping Kids to Use Productive Struggle to Find Success**

Audience: **Parents of Students in Grades K-12**

What is productive struggle and why is it so incredibly important for learning? Learn how productive struggle can lead your child to deeper learning and how to embrace the power of productive struggle in all subject areas.

Please join us for one or both sessions:

Oct 2nd 7:00pm-8:30pm

Oct 7th 10:00am-11:30am

Parents :

You may attend any of these classes *LIVE* via Zoom or watch an instructional video located on the *parentEDU* webpage

A wide variety of classes and presentation times are offered for your interest and convenience. Please browse this catalog and attend as many programs as you would like.

Class Name: **Parent and Child Class: Gain Understanding and Cooperation Through the Power of Perception**

Audience: **Parents of Students in Grades K-12**

Learn how to open lines of positive communication during times of differing opinions and points of view. Please have your child with you for this program.

***There is a project involved in this program. Participants should be prepared with a sheet of construction paper, a small amount of white paint and a pencil.**

Please join us for one or both sessions:

Oct 16th 7:00pm-8:30pm

Oct 19th 7:00pm-8:30pm

Parents :

You may attend any of these classes *LIVE* via Zoom or watch an instructional video located on the *parentEDU* webpage

A wide variety of classes and presentation times are offered for your interest and convenience. Please browse this catalog and attend as many programs as you would like.

Class Name: **Promoting Health and Physical Education At Home**
Audience: **Parents of Students in Grades K-12**

As students become more independent, we need to support them in making their own healthy decisions during the school year and beyond. During this session, parents and guardians attending will learn a variety of family friendly games, activities, skills, and exercises to practice along with their child at home or outside.

Please join us for one or both sessions:

Oct 20th 9:30am-11:00am

Oct 26th 2:00pm-3:30pm

Parents :

You may attend any of these classes *LIVE* via Zoom or watch an instructional video located on the *parentEDU* webpage

A wide variety of classes and presentation times are offered for your interest and convenience. Please browse this catalog and attend as many programs as you would like.

Class Name: **Parent Assessment Data (P.A.D.) Reports Course**
Audience: **Parents of Students in Grades K-8**

This virtual or in-person class will be interactive and taught live by Nassau BOCES Specialists. This class speaks with parents about how to analyze and understand their child's progress in Math and ELA through the online interim assessments conducted throughout the school year. Specific trainings are available for NWEA, Renaissance STAR, and i-Ready only. All classes will include time for the instructor to respond to questions from the participants. The content of this course will be limited to interpreting parent data reports and will not address strategies for student academic improvement.

Parents:

Please contact your school administrator for Zoom details. The training date is determined by your district administration and BOCES training staff.

Parents :

You may attend any of these classes *LIVE* via Zoom or watch an instructional video located on the *parentEDU* webpage

A wide variety of classes and presentation times are offered for your interest and convenience. Please browse this catalog and attend as many programs as you would like.

Class Name: **Parent Data Privacy Workshop**

Audience: **Parents of Students in Grades K-12**

Data privacy and security has become increasingly important as we have come to rely on remote learning to educate students. Join us to learn more about the state and federal laws that protect student data and the data privacy and security best practices parents can apply as children learn remotely.

Please join us for one or both sessions:

Nov 2nd 3:00pm-4:00pm

Nov 2nd 7:00pm-8:00pm

Parents :

You may attend any of these classes *LIVE* via Zoom or watch an instructional video located on the *parentEDU* webpage

A wide variety of classes and presentation times are offered for your interest and convenience. Please browse this catalog and attend as many programs as you would like.