

Nassau BOCES Mental Health

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BOCES

Consortium

The **Nassau BOCES Mental Health Consortium** is a collective of school districts convened to address the prevalent issue of mental health and wellness within the realm of education. The consortium is designed to offer practical skills and background knowledge that will assist it's component districts in the implementation of plans to address the new and any future regulations or recommendations associated with Mental Health education as issued by NYSED. We will identify, explore and establish curriculum resources to develop mental health curriculum and school/district initiatives as well as leverage various community members as resources in the establishment of mental health recognition, treatment and acceptance. The goal is to create a "Culture of Care" within the district which will nurture methods designed to enhance student understanding, attitudes and behaviors that promote health, well-being and human dignity.

Meetings 8:30-11:30am (*First Thursday of the Month*) :

10/03, 11/07, 12/05, 01/09, 02/06, 03/05, 04/02, 05/07, 06/04

Special Additional Showcase Days 8:30-2:30:

Monday 10/21, Thursday 12/12

Anticipated Topics (*subject to change*) : An Exploration of The New Mental Health Education Law; Mental Health Literacy; Addressing Mental Health Across The School; The Self-Medicating Student; Restorative Practices; Mental Health 101

Consortium Fee of \$2,500 includes participation of a team of up to **six** members (teams should include district administrator(s), student support/health personnel, faculty and other district personnel who interact with students)

**All sessions will be at the
Nassau BOCES
Farber Administration Building
71 Clinton Road, Garden City
Room LL-A
(breakfast provided)**

**Contact Dr. Mitch Goodkin
Coordinator of Professional Development
for further details
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516-608-6645**