

## Resources for Adventure Education/Challenge Courses

The following is a list of some books that offer information on various aspects of adventure education. Many are available through Project Adventure, Inc. [1-800-795-9039 or [www.pa.org](http://www.pa.org)] or on the Internet through Amazon.com or the publisher of the book. If you have a specific goal in mind for use of these activities with your students, staff or families, please give me a call for recommendations and a further description of these books [Mary Watros at 516-626-1420].

Quicksilver, Karl Rohnke and Steve Butler, Kendall/Hunt Pub., 1995; ISBN 0-7872-0032-8

- great introduction to the leader (facilitator) role, as well as descriptions of games, problem-solving initiatives, and trust activities

Cowtails and Cobras, Karl Rohnke, Kendall/Hunt Pub., 1989; ISBN 0-8403-5434-7

- philosophy, facilitator role, games, initiatives, and sample curricula

Teamwork and Teamplay, Jim Cain and Barry Jolliff, Kendall/Hunt Pub., 1998;  
ISBN 0-7872-4532-1

- games and initiatives (including how to make them and where to get the materials) and great lists of resources

Exploring Islands of Healing: New Perspectives on Adventure Based Counseling, Jim Schoel and Richard S. Maizell, Project Adventure, Inc., 2002; ISBN 0-934387-15-X

- history, theory, and philosophy of adventure activities; leading and processing; and sample applications of adventure based counseling in schools, treatment facilities, and programs for court-referred youth

Processing the Experience: Strategies to Enhance and Generalize Learning, 2<sup>nd</sup> Ed, John L. Luckner and Reldan S. Nadler, Kendall/Hunt Pub., 1997; ISBN 0-7872-1000-5

- theory and practice of processing (debriefing), including sample questions and topics

Diversity in Action, Sharon Chappelle and Lisa Bigman, Project Adventure, 1998;  
ISBN 0-536-01175-3

- use of activities and processing to explore issues of diversity with adults and older students

Adventures in Peacemaking, William J. Kriedler and Lisa Furlong, Project Adventure, 1995;  
ISBN 0-7872-2460-X

- activities to address conflict resolution with grade-school children

Journey Toward the Caring Classroom: Using Adventure to Create Community, Laurie S. Frank, Wood 'N' Barnes Publ., 2004; ISBN 1-885473-60-5

- educational foundations, activities for classroom and modifications for special populations

Adventure Curriculum for Physical Education, Jane Panicucci, Project Adventure, Inc., 2003;

- activities, lesson plans, sequencing, facilitation notes for elementary, M.S., and H.S. students  
Elementary: ISBN 0-934387-27-3; MS: ISBN 0-934387-25-7; HS: ISBN 0-934387-26-5